

# Advanced Crisis Intervention Team Training

Tuesday September 2, 2014--Wednesday September 3, 2014  
8am to 5pm  
Maple Hall,  
104 Commercial, La Conner, WA



**Free Two Day  
Training for  
Law Enforcement &  
Corrections Officers  
in Whatcom, Skagit,  
Snohomish, Island  
or San Juan  
Counties**

*To register, email  
Participant Name, Agency  
and Email Address  
to  
[rebeccac@co.skagit.wa.us](mailto:rebeccac@co.skagit.wa.us)*

*For more information:*  
Rebecca Clark  
Skagit County Public Health  
& Community Services  
360-419-3363

Funded by  
North Sound Mental Health  
Administration

**Advanced Crisis Intervention Team (CIT)** This two day-course (16 hours) combines the best from CIT Training- Edgework and Arrestling Force Options. This dynamic class includes fast paced classroom work, mock scenarios and hands-on force options. Students will see examples of Mental Illness, Types of Anger/Rage, De-escalation Tactics combined with Hands-on Techniques and Tactics.

**Equipment Needs:**

All students are required to bring:

1. Duty belt with belt keepers.
2. Gun holster.
3. Taser holster if carried

Civilian type shirt/jacket to wear when concealing weapons in waistline.

**Optional equipment:** mock duty weapon ONLY if something other than a Glock, mat shoes, knee pads, mouth piece, and light duty gloves

For more information, click here <http://www.arrestling.com/CITTraining.htm>

## Featured Presenters

**Ellis Amdur, MA,** received his BA in psychology from Yale University in 1974, and his M.A. in psychology from Seattle University in 1990. Ellis has worked in the field of crisis intervention since 1988. He is noted for his sometimes outrageous humor as well as his profound breadth of knowledge. His training includes improving street diagnosis skills, dealing with aggressive and suicidal individuals, managing repetitive abusers of emergency services, and improving effectiveness when working with mental health professionals.

**Don Gulla** has worked for King County Sheriff's Office (Washington State) since 1984 with over 30 years of service. Assignments have included Patrol, Traffic, Basic Law Enforcement Academy Instructor, SWAT, Advanced Training Unit, Taser Coordinator and King County CIT Coordinator. Don is a certified instructor in force options, firearms, baton, crowd control, SIRT pistol, active shooter response, mental health first aid, CIT force options, CIT youth, and less-lethal weapons. As the Taser Coordinator for King County Sheriff's Office, Don discovered and implemented the Gulla's Angled Drive Stun, which improved the Taser 3 point drive stun. Don is the Founder of Arrestling Force Options Training Groups and has written the Advanced Ground Survival and Advanced Weapon Retention Training Manuals. Don has been a martial artist for over 44 years and is a 5 time World Police and Fire Games Gold Medalist in Karate.